



Kavikulaguru Kalidas Sanskrit University

University established by State Government of Maharashtra and UGC Recognized u/s 2f and 12B

Ramtek Office: Administrative Building, Mauda Road, Ramtek - 441106, Dist. Nagpur

Nagpur Office: 05 Floor, NIT Commercial Complex, Near Morbhavan, Sitabuldi, Nagpur 44001



Program Curriculum (Syllabus)

Program Name:- DIPLOMA in UPANISHADS
Choice Based Credit System (CBCS Pattern)
(AS 2022-2023 onwards)

Sr.No.		
1	Name of the Program	DIPLOMA IN UPANISHADS
2	Name of the Faculty	Faculty of Indian Religion Philosophy and Culture (Approved by the faculty(Sankay)by circulation meeting dt. 10-10-2022)
3	Name of the Board of Study	BoS for Darashanshastra (Approved by the Board of Studies by circulation meeting dt.30.09.2022)
4	Program Pattern (CBCS/Annual/)	Annual
5	Program Duration	1 Year
6	Program Type (Master/Bachelor)	
7	Program Level (PG/ UG/ PG Diploma/ Diploma/ Certificate etc.	DIPLOMA
8	Evaluation system (Grade System) Yes/No	Yes
9	Follow credit System (Yes/No)	Yes
10	Program total credits	8
11	Total Courses(Papers)	2
12	Program total marks	200
13	Mode of Learning (Regular/ Distance learning)	Regular
14	External Students (Yes/No)	Yes
15	Medium of Instructions	MARATHI, HINDI, SANSKRIT, ENGLISH
16	Medium of Examination	MARATHI, HINDI, SANSKRIT, ENGLISH
17	Eligibility	SSC OR EQUIVALENT EXAM
18	Program Description	The course contains the outline and philosophy of Principal Upanishads and important concepts in Upanishads.
19	Program Objectives	To acquaint the learners with the philosophy of Upanishads and its relevance to modern times.
20	Program Outcome	The learners will understand the philosophy of Upanishads and will apply the values mentioned therein in their day to day life.

21	Subject (under which subject the program is included in the Faculty as per the University Notification no. 131 dtd 11.03.2020)	DIPLOMA
22	Program Code	DIPLOMA IN UPANISHADS (DUP)
23	Program Abbreviation	(DUP)
24	Internship duration	

Year	Internal		Theory		Other		Total		Credits	Remarks
	Max	Passing	Max	Passing	Max	Passing	Max	Passing		
First Year (Sem I & II)	40	14	160	56			200	70	8	
Final Total	40	14	160	56			200	70	8	

Course Code	Course name	Course Short Name	Teaching hours per week	Tutorial (*T)/ Practical (*P) per week		Internal <small>(Practical/ Diss. / Viva/ Oral/ Test/ Sessional etc.)</small>		Theory		Other		Subject Total <small>(in case of joint passing)</small>		No. of Credits <small>(if Credit System is applicable)</small>	
				T	P	Ma	Passi	Max	Passi	Max	Passi	Ma	Passi		
				A		B		C		A + B + C					
First Year															
Paper 1	General Introduction to Upanishads. Their Relation					20	07	80	28			100	35	4	
Paper 2	Relevance of Upanishadic					20	07	80	28			100	35	4	
Final Total						40	14	160	56			200	70	8	

Program Name: -

The performance of the learners shall be evaluated into two components. The learner's performance shall be assessed by Internal Assessment with 40% marks in the first component by conducting the Semester End Examinations with 60% marks in the second component. The allocation of marks for the Internal Assessment and Semester End Examinations are as shown below:-

a) Internal Assessment - 40% for each course.

Sr.No.	Particulars	Marks
1	One periodical class test held in the given semester	-
2	Subject specific Term Work Module / Assessment modes - at least two - as decided by the department in the beginning of the Semester (like Extension / field / Experimental work, Short Quiz; Objective test, lab practical, open book test etc and written assignments, Case study, Projects, Posters and exhibits etc. for which the assessment is to be based on class presentations wherever applicable) to be selflessly assessed by the teacher/s concerned.	10
3	Active participation in routine instructional deliveries (and in practical work, tutorial, field work etc. as the case may be)	10
4	Overall conduct as a responsible learner, mannerism and articulation and exhibit of leadership qualities in organizing related academic activities.	-

DIPLOMA IN UPANISHADS (DUP)

Qualifications: SSC or Equivalent Examination

Programme Description:

The course contains the outline and philosophy of Principal Upanishads and important concepts in Upanishads.

Programme Objectives:

To acquaint the learners with the philosophy of Upanishads and its relevance to modern times.

Programme Outcome:

The learners will understand the philosophy of Upanishads and will apply the values mentioned therein in their day to day life.

Paper 1: General Introduction to Upanishads. Their Relation to Veda-s, Brahmana-s and Aranyaka-s. Marks: 100

Module 1: Summary of Principal Upanishads. **Marks: 20**

Module 2: Para-Apara Vidya, Jnanakanda, Shift from Vedic Rituals to Austerities and Meditation, Withdrawal from Sensual desires, Centres of Meditation, Symbols, Vidya-s and Upasana-s. **Marks: 20**

Module 3: Conceptual Study – Prana and Pranayama. Sat-Asat, Vidya-Avidya, Prakriti-Maya, Intuitive Knowledge, Aumkara, Ishavara, Mukti, Eternal Life. **Marks: 20**

Module 4: Creation, Theory of Karma and Rebirth. **Marks: 20**

Internal Assessment: Marks: 20

Paper 2: Relevance of Upanishadic Philosophy to Modern Times. Marks: 100

Module 1: Concept of Brahman. **Marks: 20**

Module 2: Concept of Jiva. **Marks: 20**

Module 3: Concept of Jagat. **Marks: 20**

Module 4: Upanishadic Ethics and Its Relevance to Modern Times. Dispassion, Purity and Truthfulness, Role of Guru and Role of Disciple, Transformation of Character. **Marks: 20**

Internal Assessment: Marks: 20

Bibliography-

1. The Principal Upanishads– S. Radhakrishnan, Oxford University Press .
2. The 108 Upanishads - Roshen Dalal, Penguin Books.
3. A Constructive Survey of Upanishadic Philosophy - R. D. Ranade, Bharatiya Vidya Bhavan, Mumbai.
4. 108 Upanishads Sadhna Khand - (Saral Hindi Bhavarth Sahit) Pt. Sriram Sharma, Yuganirman Yojana Trust, Mathura, U.P.
5. Ishadi Nau Upanishad – Gitapress, Gorakhpur.
6. Brihadaranyakopanishad – Gitapress, Gorakhpur.
7. Chhandogyopanishad – Gitapress, Gorakhpur.
8. Subodha Upanishatsangraha – Vishnu Vaman Bapat, Ed. D. V. Jog, Pune.
